



Adult Athletic Footwear - choosing the right shoe.

At SportsMed we can help you choose the correct shoe for your foot type, condition or sporting activity. If you bring along a selection of shoes we can provide a clinical interpretation of what shoe is best suited for you. Reviewing your old shoes can provide a good insight as to what type of shoe you may require and therefore help your injury or condition.

Brands	Neutral / Cushion	Mild Control	Moderate Control	Trail
Asics	Nimbus Pursue Cumulus 	1000 2000 Exalt 	Kayano 3000 Foundation 	Trabuco Trabuco Neutral 2000 Trail Fuji Sensor 3 Kahana 
Adidas	Supernova Glide 	Adistar Boost 	Supernova Sequence 	Kanadia Adizero XT 5 
Brooks	Glycerine Dyad Ghost 	Defyance Transcend 	Adrenaline Beast 	Cascadia Adrenaline ASR 

Hoka One One	Conquest 2 Valor Constant Bondi 4 Clifton					Mafate Speed Huaka Stinson ATR Challenger ATR		
Mizuno	Rider Creation Enigma		Inspire Wave Connect		Paradox		Mujin Kazan	
New Balance	880 1080		860		1260		1210 910	
Nike	Pegasus Air Max Lunar Tempo		Lunarglide Structure		Structure Triax Lunareclipse Fusion		Pegasus Trail Wild	

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